













Step 3



	WAKE UP	MORNING	NOON	EVENING	BEDTIME
CT-Minerals		1 			
Para 1	2 				2 
ViRadChem Binder		2 		2 	
Advanced TUDCA		1  with food		1  with food	
Para 3		10  in water		10  in water	
 = drops   = capsules					

Continue taking CT-Minerals until product runs out.



*Dosing chart is for general use. Please contact your healthcare practitioner for specific dosing.